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|  |  | Autumn 1 | | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| **Foundation** | | | | | | | | |
| **1S/1N/1G** | Year 1 | Essential skills | | | Essential skills | | Essential skills | |
|  | Year 2 | Essential skills | | | Essential skills | | Essential skills | |
| **Key Stage 1** | | | | | | | | |
| **1A** | Year 1 | A Happy Me | | | A Healthy Me | | My Family | |
| **1T** | Year 2 | My School | | | Making Friends | | Good to be me | |
|  | Year 3 | Looking after myself | | | People who help us | | Belonging to a group | |
| **Key Stage 2** | | | | | | | | |
| **2WR** | Year 1 | Special people and important friendships. | Caring for animals | | Looking after our school environment | Taking turns and sharing. | Making good choices- knowing right and wrong. | Keeping safe- Who can help us |
|  | Year 2 | My feelings | Different communities that I belong to. | | First aid- special people in our community. | Simple healthy exercise | Being Unique and different | Keeping clean |
| **2BL** | Year 1 | What makes me special? | Emergency Services and what to do | | Characteristics of friendships. | Staying safe- saying no | Spreading germs and how to stop. | Looking after the local environment – what can we do? |
|  | Year 2 | Who is in my family and my role in my family | All the emotions and communicating feelings. | | Being kind and respecting others. | Working together | Staying healthy- diet, teeth and exercise. | Change and how to cope |
| **2WI** | Year 1 | Feeling safe including online. | What is bullying? | | Making choices to stay healthy. | Staying safe- saying no to strangers | Different types of families. | Talking about emotions |
| **2SH** | Year 2 | Working with friends. | Safety on the roads | | Manners- being polite. | Personal hygiene and growing and changing. | Where to go for help and first aid in school. | Strengths and achievements |
| **2BA** | Year 1 | SCERTs | SCERTs | | SCERTs | SCERTs | SCERTs | SCERTs |
| Year 2 | SCERTs | SCERTs | | SCERTs | SCERTs | SCERTs | SCERTs |
| Year 3 | SCERTs | SCERTs | | SCERTs | SCERTs | SCERTs | SCERTs |
| Year 4 | SCERTs | SCERTs | | SCERTs | SCERTs | SCERTs | SCERTs |
| **2MC** | Year 1 | Feeling safe in a family- what makes me happy. | Road Safety. | | Positive friendships and being happy. | Managing emotions and who to talk to. | Personal hygiene- keeping clean. | Environment  -Junk and rubbish  -Recycling |
|  | Year 2 | Bullying and staying happy. | My body- Personal boundaries and saying no. | | Balanced lifestyle and consequences | Physical and emotional changes of growing up. | Respecting different Cultures | Identity  -Looking to the future. |