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| --- | --- | --- | --- | --- | --- | --- | --- |
|   |   | Autumn 1  | Autumn 2  | Spring 1  | Spring 2  | Summer 1  | Summer 2  |
| **Foundation**  |
| **1S/1N/1G**  | Year 1  | Essential skills  | Essential skills  | Essential skills  |
|   | Year 2  | Essential skills  | Essential skills  | Essential skills  |
| **Key Stage 1**  |
| **1A** | Year 1  | A Happy Me  | A Healthy Me  | My Family  |
| **1T** | Year 2  | My School  | Making Friends  | Good to be me  |
|   | Year 3  | Looking after myself  | People who help us  | Belonging to a group  |
| **Key Stage 2**  |
| **2WR**  | Year 1  | Special people and important friendships. | Caring for animals  | Looking after our school environment  | Taking turns and sharing.  | Making good choices- knowing right and wrong.  | Keeping safe- Who can help us  |
|   | Year 2  | My feelings | Different communities that I belong to.  | First aid- special people in our community.  | Simple healthy exercise  | Being Unique and different  | Keeping clean |
| **2BL** | Year 1  | What makes me special?  | Emergency Services and what to do  | Characteristics of friendships. | Staying safe- saying no  | Spreading germs and how to stop.  | Looking after the local environment – what can we do? |
|   | Year 2  | Who is in my family and my role in my family | All the emotions and communicating feelings.  | Being kind and respecting others.  | Working together  | Staying healthy- diet, teeth and exercise.  | Change and how to cope  |
| **2WI** | Year 1  | Feeling safe including online. | What is bullying?   | Making choices to stay healthy.   | Staying safe- saying no to strangers  | Different types of families.   | Talking about emotions  |
| **2SH** | Year 2  | Working with friends.  | Safety on the roads  | Manners- being polite.  | Personal hygiene and growing and changing.  | Where to go for help and first aid in school.  | Strengths and achievements  |
| **2BA** | Year 1  | SCERTs  | SCERTs  | SCERTs  | SCERTs  | SCERTs  | SCERTs  |
| Year 2  | SCERTs  | SCERTs  | SCERTs  | SCERTs  | SCERTs  | SCERTs  |
| Year 3  | SCERTs  | SCERTs  | SCERTs  | SCERTs  | SCERTs  | SCERTs  |
| Year 4  | SCERTs  | SCERTs  | SCERTs  | SCERTs  | SCERTs  | SCERTs  |
| **2MC** | Year 1  | Feeling safe in a family- what makes me happy.  | Road Safety. | Positive friendships and being happy.    | Managing emotions and who to talk to. | Personal hygiene- keeping clean.   | Environment -Junk and rubbish -Recycling  |
|   | Year 2  | Bullying and staying happy. | My body- Personal boundaries and saying no. | Balanced lifestyle and consequences | Physical and emotional changes of growing up.  | Respecting different Cultures  | Identity -Looking to the future.   |