**Autumn/Winter 2021-2022 MENU – WEEK 3**

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| **OPTION** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| 1 | Home made Tomato Pasta Bake, with vegetables |  |

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|  Roast chicken, roast & mashed potatoes, carrots, broccoli & gravy  |

 |  | Chicken Tikka Masala, 50/50 rice  |  | Meatballs in tomato and basil sauce with wholemeal pasta and garden peas | C:\Users\greenlane_reception\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YXREBYI5\twirl_spaghetti[1].jpg | Oven baked battered fish and chips, with peas or beans |  |
|  **2** |  |  |  |  |  |  |  |  | Seasoned Chicken fillet and chips with peas or beans  |  |
| **JP** | Jacket Potato  |  | Jacket Potato |  | Jacket Potato  |  | Jacket Potato  |  | Jacket Potato |  |
|  |  |
| **DESSERTS** |
|  | Rice pudding or Vanilla ice cream | Piece of Fruit  | Homemade Flapjack  | Jelly and Fruit | Toffee date cake |
| Available daily as an alternative:- Fruit yoghurt, a selection seasonal fresh fruit, soreen and cheese & biscuits available everyday |
| **Unlimited fresh salad and unlimited wholemeal bread****LUNCH WILL BE SERVED WITH FRESH MILK OR WATER**  |
| **Menu Cycle Week 3: 20th Sept, 11th Oct, 1st Nov, 22nd Nov, 13th Dec, 3rd Jan, 24th Jan, 14th Feb, 7th Mar, 28th Mar, 21st Apr** |