**Autumn/Winter 2021-2022 MENU – WEEK 3**

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| **OPTION** | **MONDAY** | | **TUESDAY** | | | **WEDNESDAY** | | | **THURSDAY** | | | **FRIDAY** | |
| 1 | Home made Tomato Pasta Bake, with vegetables |  | |  | | --- | | Roast chicken,  roast & mashed potatoes, carrots, broccoli & gravy | |  | | Chicken Tikka Masala, 50/50 rice |  | | Meatballs in tomato and basil sauce with wholemeal pasta and garden peas | C:\Users\greenlane_reception\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YXREBYI5\twirl_spaghetti[1].jpg | | Oven baked battered fish and chips, with peas or beans |  |
| **2** |  |  |  |  | |  |  | |  |  | | Seasoned Chicken fillet and chips with peas or beans |  |
| **JP** | Jacket Potato |  | Jacket Potato |  | | Jacket Potato |  | | Jacket Potato |  | | Jacket Potato |  |
|  |  | | | | | | | | | | | | |
| **DESSERTS** | | | | | | | | | | | | | |
|  | Rice pudding or  Vanilla ice cream | | Piece of Fruit | | Homemade Flapjack | | | Jelly and Fruit | | | Toffee date cake | | |
| Available daily as an alternative:- Fruit yoghurt, a selection seasonal fresh fruit, soreen and cheese & biscuits available everyday | | | | | | | | | | | | | |
| **Unlimited fresh salad and unlimited wholemeal bread**  **LUNCH WILL BE SERVED WITH FRESH MILK OR WATER** | | | | | | | | | | | | | |
| **Menu Cycle Week 3: 20th Sept, 11th Oct, 1st Nov, 22nd Nov, 13th Dec, 3rd Jan, 24th Jan, 14th Feb, 7th Mar, 28th Mar, 21st Apr** | | | | | | | | | | | | | |