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|  |  | Autumn 1 | | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | | Summer 2 |
| **Key Stage 3** | | | | | | | | | |
| **Class 7W** | Year 1 | SCERTs | | | SCERTs | | SCERTs | | |
|  | Year 2 | SCERTs | | | SCERTs | | SCERTs | | |
|  | Year 3 | SCERTs | | | SCERTs | | SCERTs | | |
| **P3,P2, P1** | Year 1 | Personal hygiene  - looking at germs , how they spread and how to stop them.  - dental health  - keeping clean. | Relationships and friendships:  -My relationships  -Positive relationships and friendships | | Changing adolescent body   * Puberty * Emotional and physical changes. | Relationships with others  -Different types of relationships  -New relationships and feelings  -Intimate relationships- feelings and emotions | Personal finance  -What money is  -Managing money  -Spending money  -Saving for the future | Enterprise  -Local businesses  - Mini enterprise project | |
|  | Year 2 | Families   * Different types of families * Feeling safe * Personal identity. | Health  -Keeping fit  -Sport in the community  - Links between physical and mental health including sleep | | Relationships with others   * Being successful in a relationship * Behaviour in a relationship | Being safe in relationships:  -Making the right choices in a relationship inc. friendships  - Being ready and peer pressure  -Consent and saying no  - Consequences inc. sexual health. | British values- Religion and culture around us  -Different languages  -Traditions and cultures.  -Respecting different cultures. | Environment  -Natural disasters  -Issues in the community  -Conservation  -Local help e.g. recycling | |
|  | Year 3 | Emotions  -talking about emotions  - when help is needed  -how to be happy and ways to cope. | Keeping safe:  -Road Safety  -Safety when travelling  - First Aid | | Relationships with others  - Unhealthy relationships  -Consent  - Safe and healthy relationships  - Laws that protect us | Mental health  -Bullying- what it is  -How to find support for bullying | Health:  - Healthy, balanced lifestyle | Identity  -Looking ahead  -Options for the future  -Skills needed in the future | |
| **P4, P5** | Year 1 | Personal hygiene  - looking at germs , how they spread and how to stop them.  - dental health  - keeping clean. | Relationships and friendships:  -My relationships  -Positive relationships and friendships | | Changing adolescent body   * Puberty * Emotional and physical changes. | Community Spirit  - leisure time  - Part of a community  -People who help us | Emotions  - My feelings  - What makes me feel this way  - How to respond to my feelings. | Enterprise  -Local businesses  - Mini enterprise project | |
|  | Year 2 | Families   * My family * Different types of families * Feeling safe * Personal identity. | Health  -Keeping fit and exercise  -Sport in the community  - Links between physical and mental health including sleep | | Relationships with others   * Being successful in a relationship and friendship * Behaviour in a relationship and friendship * When to say no | Life skills  - Jobs around the house  - Developing independence | British values- Religion and culture around us  -Different languages  -Traditions and cultures.  -Respecting different cultures. | Environment  -Endangered species  - People who help | |
|  | Year 3 | Emotions  -talking about emotions  - when help is needed  -how to be happy and ways to cope. | Keeping safe:  -Road Safety  -Safety when travelling- how to travel  - How to stay physically safe | | Health:  -Healthy foods and healthy life | Mental health  -Bullying- what it is  -How to find support for bullying | Personal finance  -What money is and how to use is  -Wants and needs  -Shopping  - decision and budgeting | Identity  - Looking to the future  - Skills and qualities  - Jobs in the future | |

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| **Key Stage 4** | | | | | | | |
| **Q1,Q2**, Q3 | Year 1 | Healthy Living | Healthy Living | Preparation for work | Preparation for work | Managing own money | Managing own money |
|  | Year 2 | Managing social relationships | Managing social relationships | Personal safety in the home and community | Personal safety in the home and community | Environmental awareness | Environmental awareness |
| **Q4** | Year 1 | -Personal qualities and skills  - Skills for learning | - Mental wellbeing- feeling calm and relaxed | -Emotions  - Managing Feelings including feeling unwell and what to do. | -Appropriate Behaviours  - Public and private | -Money management  -Spending money | -Life skills at home and in the community  -Preparing for adulthood |
|  | Year 2 | -Personal care  -Physical health | -healthy lifestyles  -Participating in sport | -Friendships- positive friendships  - kindness and unkindness | -Appropriate Relationships- healthy and unhealthy relationships  - Romantic feelings  -Consent | -Respecting difference  -Prejudice and discrimination | -Caring for the environment |

 Q1, Q2, Q3 will also be completing a short course in Relationships and Sex Education which will cover Families, respectful relationships and intimate and sexual relationships including sexual health.

Q1, Q2, Q3, Q4 meet the statutory and non-statutory elements of PSHE through ASDAN and PSD courses.

7W work through PSHE targets through SCERTs curriculum.