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|  |  | Autumn 1 | | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| **Foundation** | | | | | | | | |
| **Class 1/3N (linked to SCERTs** | Year 1 | Essential skills | | | Essential skills | | Essential skills | |
|  | Year 2 | Essential skills | | | Essential skills | | Essential skills | |
| **Key Stage 1** | | | | | | | | |
| Class 2 | Year 1 | A Happy Me | | | A Healthy Me | | My Family | |
|  | Year 2 | My School | | | Making Friends | | Good to be me | |
|  | Year 3 | Looking after myself | | | People who help us | | Belonging to a group | |
| **Key Stage 2** | | | | | | | | |
| **Class 3** | Year 1 | Health and wellbeing  Who I am | Health and wellbeing  A few of my favourite things | | Living in the wider world  Looking after our environment | Health and wellbeing  Healthy food and Healthy Choices | Health and Wellbeing  Making choices, Good and bad choices | Health and wellbeing  Keeping safe- Who can help us |
|  | Year 2 | Living in the wider world  Rules | Relationships  Friendships | | Living in the wider world  Caring for animals | Health and wellbeing  Healthy Exercise and keeping fit | Living in the wider world  Being Unique and different | Health and wellbeing  Looking to the future |
| **Class 4** | Year 1 | Health and wellbeing  What makes me special? | Living in the wider world  Emergency Services and what to do | | Relationships  My Friends | Relationships  Staying safe- saying no | Living in the wider world  A Happy Helper | Living in the wider world  Looking after the environment |
|  | Year 2 | Living in the wider world  People and places in school | Health and wellbeing  Making choices, good and bad and consequences | | Relationships  Feelings | Relationships  Working together | Health and wellbeing  Keeping healthy and keeping fit | Health and wellbeing  Change and how to cope |
| **Class 5** | Year 1 | Health and wellbeing  Taking part | Relationships  Recognising emotions | | Health and wellbeing  Healthy lifestyles | Relationships  Staying safe- saying no to strangers | Relationships  My role in my family | Living in the wider world  My town, My community |
|  | Year 2 | Relationships  Making friends | Health and wellbeing  Safety on the roads | | Health and wellbeing  What makes me a better learner? | Health and wellbeing  Growing and changing | Living in the wider world  My school community | Health and wellbeing  Strengths and achievements |
| **Class 6p** | Year 1 | SCERTs | SCERTs | | SCERTs | SCERTs | SCERTs | SCERTs |
| Year 2 | SCERTs | SCERTs | | SCERTs | SCERTs | SCERTs | SCERTs |
| Year 3 | SCERTs | SCERTs | | SCERTs | SCERTs | SCERTs | SCERTs |
| Year 4 | SCERTs | SCERTs | | SCERTs | SCERTs | SCERTs | SCERTs |
| **Class 6** | Year 1 | Health and Wellbeing  Identity  -Positive Relationships  -Significant People | Health and Wellbeing  Personal Wellbeing  -Feelings  -Managing emotions  -Sharing feelings | | Relationships  Valuing each other  -Friendships | Living in the wider world  Active Citizens  -Pets at home | Health and Wellbeing  Health  -Personal Hygiene | Living in the wider world  Environment  -Junk and rubbish  -Recycling |
|  | Year 2 | Relationships  Valuing each other  -Personal Values | Health and Wellbeing  Personal Wellbeing  -When things go wrong  -Making decisions | | Health and wellbeing  Health  -Healthy Eating  -Exercise | SRE  -Correct terminology  -Physical and emotional changes  --Repecting other peoples fellings/managing own feelings. | Relationships  Different Cultures  -Traditions  -Food  -Fesitvals and celebrations | Health and wellbeing  Identity  -Looking to the future. |