**Autumn/Winter 2 2020 MENU – WEEK 1**

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| **OPTION** | **MONDAY** | | **TUESDAY** | | | **WEDNESDAY** | | **THURSDAY** | | | **FRIDAY** | | |
| 1 | Sausage, mash and gravy.  With seasonal vegetables | C:\Users\greenlane_reception\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\QXAIPW0E\sausage-and-mash[1].jpg | Roast turkey with sage and onion stuffing with roast & creamed potatoes. Fresh broccoli or carrots Gravy |  | | Pasta Bolognaise/  Lasagne, garlic bread and Broccoli | [Pasta Bolognese Stock Illustrations, Cliparts And Royalty Free ...](https://www.google.co.uk/url?sa=i&url=https://www.123rf.com/clipart-vector/pasta_bolognese.html&psig=AOvVaw3p4HDtZVKtXQhNxqYpuH-S&ust=1595507156626000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCLCw9rrt4OoCFQAAAAAdAAAAABAE) | Chicken Curry, rice and peas | |  | Fish, Chips and peas or beans | |  |
| **2** | Sandwich (PL)  Choice of Ham, Cheese or Tuna | [Lunchbox Ideas | Recipes | Change4Life](https://www.google.co.uk/url?sa=i&url=https://www.nhs.uk/change4life/recipes/healthier-lunchboxes&psig=AOvVaw2jMtse0lztWmDd_hWhjxeB&ust=1591188930490000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCMjvpeaW4-kCFQAAAAAdAAAAABAE) | Sandwich (PL)  Choice of Ham, Cheese or Tuna | [Lunchbox Ideas | Recipes | Change4Life](https://www.google.co.uk/url?sa=i&url=https://www.nhs.uk/change4life/recipes/healthier-lunchboxes&psig=AOvVaw2jMtse0lztWmDd_hWhjxeB&ust=1591188930490000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCMjvpeaW4-kCFQAAAAAdAAAAABAE) | | Sandwich (PL)  Choice of Ham, Cheese or Tuna | [Lunchbox Ideas | Recipes | Change4Life](https://www.google.co.uk/url?sa=i&url=https://www.nhs.uk/change4life/recipes/healthier-lunchboxes&psig=AOvVaw2jMtse0lztWmDd_hWhjxeB&ust=1591188930490000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCMjvpeaW4-kCFQAAAAAdAAAAABAE) | Sandwich (PL)  Choice of Ham, Cheese or Tuna | | [Lunchbox Ideas | Recipes | Change4Life](https://www.google.co.uk/url?sa=i&url=https://www.nhs.uk/change4life/recipes/healthier-lunchboxes&psig=AOvVaw2jMtse0lztWmDd_hWhjxeB&ust=1591188930490000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCMjvpeaW4-kCFQAAAAAdAAAAABAE) | Sandwich (PL)  Choice of Ham, Cheese or Tuna | | [Lunchbox Ideas | Recipes | Change4Life](https://www.google.co.uk/url?sa=i&url=https://www.nhs.uk/change4life/recipes/healthier-lunchboxes&psig=AOvVaw2jMtse0lztWmDd_hWhjxeB&ust=1591188930490000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCMjvpeaW4-kCFQAAAAAdAAAAABAE) |
| **V** |  |  |  |  | |  |  |  | |  |  | |  |
| **JP** | Filled  Jacket Potato |  | Filled  Jacket Potato |  | | Filled  Jacket Potato |  | Filled  Jacket Potato | |  | Filled  Jacket Potato | |  |
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| **DESSERTS** | | | | | | | | | | | | | |
|  | Vanilla ice cream | | Piece of Fruit | | Blueberry Muffin | | | | Homemade cake | | | Homemade Biscuit | |
| Vegetarian alternatives available:- Fruit yoghurt, a selection seasonal fresh fruit, soreen and cheese & biscuits available everyday | | | | | | | | | | | | | |
| **Unlimited fresh salad and unlimited wholemeal bread**  **LUNCH WILL BE SERVED WITH FRESH MILK OR WATER** | | | | | | | | | | | | | |
| **Menu Cycle Week 1: 2ndNov,23rd Nov,7th Dec** | | | | | | | | | | | | | |