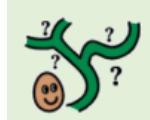


PSHE Long Term Plan 2024 - 2026

EYFS - Cedar pathway (one year cycle)



Assessment classes - Early steps

Ladybird Dragonfly	Autumn		Spring		Summer	
	Colours	Traditional tales	Weathers and seasons	In the garden	At the zoo	People who help us
	Personal, Social and Emotional Development (PSED). Knowledge and Understanding of the World (KUW)	Personal, Social and Emotional Development (PSED). Knowledge and Understanding of the World (KUW)	Personal, Social and Emotional Development (PSED). Knowledge and Understanding of the World (KUW)	Personal, Social and Emotional Development (PSED). Knowledge and Understanding of the World (KUW)	Personal, Social and Emotional Development (PSED). Knowledge and Understanding of the World (KUW)	Personal, Social and Emotional Development (PSED). Knowledge and Understanding of the World (KUW)
Maple pathway						



Engagement Steps (Squirrel + Progression Steps as appropriate)

Engagement focus



Individual SCERTS

YEAR 1

	Autumn		Spring		Summer	
Grasshopper	Keeping myself clean/brushing my teeth	My friends	Dressing for the weather	Recognising my environment	Water safety	Caring for animals
Rose	Looking after myself	Caring for animals	My friends and family	Healthy eating	Keeping safe in my community	Keeping my environment clean and tidy
Squirrel	Keeping myself safe	Friendships	Developing independence	Being healthy	Looking after myself	Keeping safe in the community

YEAR 2

	Autumn		Spring		Summer	
Grasshopper	Naming my feelings	People who care for me	Jobs in the community	How people are the same and different	Caring for animals	Recognising what makes me special
Rose	Class rules	Kind and unkind	People who help us	Growing up	Looking after the	How to stay safe

		behaviour with animals			environment- the sea	
Squirrel	No Squirrel class 2026-2027					
<div>Elm pathway</div> <div></div> <div>Communication / Emotional regulation focus (SCERTS)</div>						
YEAR 1						
	Autumn		Spring		Summer	
Butterfly	People I look up to- people who help us/my aspirations		Looking after pets and animals		Growing up- expressing my preferences	
Daisy	The world we live in- how am I special?		Changing and growing- baby to adult		Self-care- personal hygiene e.g. washing my hands and face	
Dormouse	The world we live in		Changing and growing		Self care- mental and physical well-being	
YEAR 2						
	Autumn		Spring		Summer	
Butterfly	Keeping healthy- food		Exploring friendships		Asking for help	
Daisy	Kind and unkind behaviours in friendships		Saying no and staying safe		Keeping healthy- exercise	
Dormouse	Looking after my body		Changes during puberty- physical and emotional		Dealing with big feelings	

Willow pathway



Creative curriculum (Topic)

YEAR 1

	Autumn		Spring		Summer	
Caterpillar	Stories with a moral	Feelings	When I was a baby	Healthy eating	Who looks after pets?	Keeping safe- people who help us?
Bumblebee	Who is in my house?	Taking care of animals in the world	Physical health- ways of travelling	The emergency services, keeping safe	Taking care of the environment	Hygiene and keeping clean
Bluebell	This is me!	Healthy living	Keeping safe at home	The environment around us	Respecting differences between people	Belonging to a community
Poppy	Things we are good at	Emotions	Growing up	Jobs people do	Caring for my local environment	Healthy living and exercise
Deer Hedgehog Otter	Mental wellbeing and physical activity	The power of friendships	Celebrating and respecting differences	Safety in the community	Growing up and puberty	Keeping clean

Robin Owl	Respectful relationships		Living in modern Britain		Sexual health	
YEAR 2						
Caterpillar Bumblebee	What makes me special	Looking after the environment	Kind and unkind behaviours	Growing and changing	Being safe in the sun	Jobs people do
Primrose Buttercup Bluebell	People who look after me	Caring for animals	Keeping safe and knowing who to ask for help (999)	Identifying how people are the same and different	Exploring my feelings	Comparing different jobs
Poppy	Who am I?	Looking after my mental health- what makes me happy	Growing and changing- stages of life	Effects of peoples decisions on the environment	Different types of families	Staying safe in unfamiliar places
Hedgehog Deer Otter Fox	Exploring how everyday choices affect the environment	Mental health and wellbeing- exploring how to be happy	Keeping safe in an emergency when out in the community	Responsibilities for caring for animals	Saying no and staying safe	Goals and aspirations
Owl Robin Sparrow						

Oak pathway



Subject specific curriculum

YEAR 1

	Autumn		Spring		Summer	
Sunflower	Being unique	What to do in an emergency	Friendships	Staying safe	Hygiene	Looking after the environment
Daffodil	What makes me happy	Road safety	Friendships	Managing my emotions	Hygiene	Looking after the environment
Rabbit Badger Fox	Families	Health and Sport	Relationships with Others	Being Safe in Relationships	British Values- Religion and Culture	Environment
Woodpecker Hawk	Body knowledge		Relationships		Contraception and sexual health	

YEAR 2

	Autumn	Spring	Summer
--	--------	--------	--------

Sunflower	Growing up- changes	Identifying different emotions	Keeping healthy- mental wellbeing	Differences in families	Keeping myself safe	Jobs that I can do
Daffodil	Growing up- Changes	Different types of relationships	Managing strong feelings	Taking care of physical health	Belonging to a community	Money
Rabbit Badger	Personal strengths and skills for learning	Accidents and risks	Consent and relationships	Elements of a healthy lifestyle and body image	Rights and responsibilities	Preparing for adulthood
Woodpecker Hawk PSD	Asdan PSD Certificate E2 and E3 Working as a group		Asdan PSD Certificate E2 and E3 Personal Safety in the Home and the Community		Asdan PSD Certificate E2 and E3 Parenting Awareness	
Woodpecker Hawk SRE Following Asdan SRE Short Course (not certificated)	Module 5 Personal Skills (choose 5 A challenges to suit the ability and nature of your students)		Module 6 Culture and Society (choose 5 A challenges to suit the ability and nature of your students)		Module 3 Sexual Activity and Behaviour (choose 5 A challenges to suit the ability and nature of your students)	