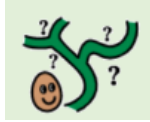


## PE Long Term Plan 2024 - 2026

### EYFS - Cedar pathway (one year cycle)



Assessment classes - Early steps

| Ladybird<br>Dragonfly | Autumn                |  | Spring     |  | Summer    |   |
|-----------------------|-----------------------|--|------------|--|-----------|---|
|                       | Movement and<br>Dance | Multi Skills<br>Focus on:<br>throwing and<br>catching,<br>running and<br>jumping | Gymnastics | Multi Skills<br>Focus on:<br>team<br>activities and<br>competition<br>against self<br>and others | Athletics | Multi Skills<br>Focus on: co-<br>ordination<br>through net<br>games |

### Maple pathway



Engagement Steps (Squirrel + Progression Steps as appropriate)

*Engagement focus*

*Individual SCERTS*

## YEAR 1

|                    | Autumn     |            | Spring   |            | Summer                                   |           |
|--------------------|------------|------------|----------|------------|--|-----------|
| <b>Grasshopper</b> | Gymnastics | Athletics  | Dance    | Tennis     | Football                                 | Cricket   |
| <b>Rose</b>        | Cricket    | Gymnastics | Football | Dance      | Tennis                                   | OAA       |
| <b>Squirrel</b>    | Movement   | Games      | Circuits | Gymnastics | Key skills/<br>Invasion Games - football | Athletics |

## YEAR 2

|  | Autumn     |            | Spring     |            | Summer                                     |           |
|--|------------|------------|------------|------------|--|-----------|
| <b>Grasshopper</b>                             | Gymnastics | Athletics  | Dance      | Tennis     | Basketball                                 | Cricket   |
| <b>Rose</b>                                    | Athletics  | Gymnastics | Basketball | Dance      | Tennis                                     | OAA       |
| <b>Squirrel</b><br>No Squirrel class 2026-2027 | Movement   | Games      | Circuits   | Gymnastics | Key skills/<br>Invasion Games - basketball | Athletics |

## Elm pathway



*Communication / Emotional regulation focus (SCERTS)*

## YEAR 1

|                              | Autumn     |            | Spring   |            | Summer                                      |           |
|------------------------------|------------|------------|----------|------------|---|-----------|
| <b>Butterfly<br/>(KS1/2)</b> | Gymnastics | Athletics  | Dance    | Tennis     | Football                                    | Cricket   |
| <b>Daisy (KS2)</b>           | Cricket    | Gymnastics | Football | Dance      | Tennis                                      | OAA       |
| <b>Dormouse<br/>(KS3/4)</b>  | Movement   | Games      | Circuits | Gymnastics | Key<br>skills/Invasion<br>games<br>Football | Athletics |

## YEAR 2

|                              | Autumn     |            | Spring     |            | Summer  |           |
|------------------------------|------------|------------|------------|------------|---|-----------|
| <b>Butterfly<br/>(KS1/2)</b> | Gymnastics | Athletics  | Dance      | Tennis     | Basketball                                    | Cricket   |
| <b>Daisy (KS2)</b>           | Athletics  | Gymnastics | Basketball | Dance      | Tennis  | OAA       |
| <b>Dormouse<br/>(KS3/4)</b>  | Movement   | Games      | Circuits   | Gymnastics | Key<br>skills/Invasion<br>games<br>Basketball | Athletics |

**Willow pathway**



*Creative curriculum (Topic)*

## YEAR 1

|  | Autumn     |                           | Spring   |         | Summer    |                          |
|--|------------|---------------------------|----------|---------|-----------|--------------------------|
| <b>Caterpillar</b><br><b>Bumblebee</b>                                       | Gymnastics | Athletics                 | Dance    | Tennis  | Football  | Cricket                  |
| <b>Bluebell</b><br><b>Poppy</b>  | Cricket    | Gymnastics                | Football | Dance   | Tennis    | OAA                      |
| <b>Deer</b><br><b>Otter</b><br><b>Hedgehog</b><br><b>Robin</b><br><b>Owl</b> | Football   | Boccia/New Age<br>Kurling | OAA      | Dance   | Athletics | Cricket<br>Table Cricket |
| <b>Fox</b><br><b>Sparrow</b>   | Dance      | Football                  | OAA      | Cricket | Tennis    | Athletics                |

## YEAR 2

|  | <b>Autumn</b>         |            | <b>Spring</b>              |            | <b>Summer</b> |         |
|--|-----------------------|------------|----------------------------|------------|---------------|---------|
| <b>Caterpillar</b><br><b>Bumblebee</b>                                       | Gymnastics            | Athletics  | Dance                      | Tennis     | Basketball    | Cricket |
| <b>Primrose</b><br><b>Buttercup</b>  | Gymnastics            | Athletics  | Dance                      | Tennis     | Basketball    | Cricket |
| <b>Bluebell</b><br><b>Poppy</b>  | Athletics             | Gymnastics | Basketball                 | Dance      | Tennis        | OAA     |
| <b>Hedgehog</b><br><b>Deer</b><br><b>Otter</b><br><b>Owl</b><br><b>Robin</b> | Sitting<br>Volleyball | Athletics  | Tag Rugby or<br>basketball | Gymnastics | OAA           | Tennis  |
| <b>Fox</b><br><b>Sparrow</b>   | Hockey                | OAA        | Gymnastics                 | Basketball | Athletics     | Cricket |

### Oak pathway



*Subject specific curriculum*

**YEAR 1**

|   |   |            |   |         |   |           |
|---|---|------------|---|---------|---|-----------|
| <b>Sunflower</b>                            | Cricket   | Gymnastics | Football  | Dance   | Tennis  | OAA       |
| <b>Daffodil</b>                             | Cricket   | Gymnastics | Football  | Dance   | Tennis  | OAA       |
| <b>Rabbit</b>                               | Dance   | Football   | OAA   | Cricket | Tennis  | Athletics |
| <b>Badger</b>                               | Dance   | Football   | OAA   | Cricket | Tennis  | Athletics |
| <b>HawkWoodpecker</b><br>OCR Entry Level PE | Option 1 - Individual Sport<br>Y11 - Prep and Assessment<br>Y10 - Developing role of competitor |            | Option 2 - Team Sport<br>Y11 - Prep and Assessment<br>Y10 - Developing role of competitor |         | Options 3 and 4 - 2 additional selections<br>Y11 - Prep and Assessment<br>Y10 - Developing role of competitor |           |

**YEAR 2**

|                  |                        |            |            |            |           |         |
|------------------|------------------------|------------|------------|------------|-----------|---------|
| <b>Sunflower</b> | Athletics              | Gymnastics | Basketball | Dance      | Tennis    | OAA     |
| <b>Daffodil</b>  | Athletics              | Gymnastics | Basketball | Dance      | Tennis    | OAA     |
| <b>Badger</b>    | Hockey or Tag<br>Rugby | OAA        | Gymnastics | Basketball | Athletics | Cricket |

|  |   |  |   |  |   |  |
|--|---|--|---|--|---|--|
| <b>Rabbit</b>  |   |  |   |  |   |  |
| <b>Hawk</b><br><b>Woodpecker</b><br>OCR Entry Level PE | Option 1 - Individual Sport<br>Y11 - Prep and Assessment<br>Y10 - Developing role of competitor |  | Option 2 - Team Sport<br>Y11 - Prep and Assessment<br>Y10 - Developing role of competitor |  | Options 3 and 4 - 2 additional selections<br>Y11 - Prep and Assessment<br>Y10 - Developing role of competitor |  |