



Training & Information sessions for families at Green Lane School



<u>What?</u>	<u>When?</u>	<u>Where?</u>	<u>By Who?</u>
Behaviour and Emotional regulation	12/2/26, 1:15-2:45pm	Green Lane School	Michael Gaskell (Behaviour Lead)
Sensory Integration Supports: <i>Sleep, Routines, Fine and Gross motor support, Hygiene, Self-help skills.</i>	31/3, 1:15-2:45pm	Green Lane School	Shine Therapy (Occupational Therapists) Michael Gaskell (Behaviour Lead) Joanna Capewell (Assistant Headteacher/Head of Autism)
Sensory Integration Supports: <i>Restrictive diets</i>	20/1/26, 1:15-2:25pm	Green Lane School	Shine Therapy (Occupational Therapists) Michael Gaskell (Behaviour Lead) Joanna Capewell (Assistant Headteacher/Head of Autism)
Sensory Integration Supports: <i>Introduction to sensory integration / Occupational Therapy</i>	4/11/25, 9:30-11:30am 17/3/26, 3:45-5pm	Green Lane School	Shine Therapy (Occupational Therapists) Michael Gaskell (Behaviour Lead) Joanna Capewell (Assistant Headteacher/Head of Autism)
Literacy: Phonics and Reading support (GLS families only)	26/11/25, 1:15-2:245pm	Green Lane School	Kerry-Jane White (English Lead)
Communication supports (Visuals and Social Stories)	4/12/25, 1:15-2:45pm (TBC)	Green Lane School	NHS Speech and Language Team Joanna Capewell (Assistant Headteacher/Head of Autism)
SEND parent club (Coffee morning): networking opportunities, advice and support for families on	13/11/25, 9:30-11am 14/5/26, 9:30-11am	Green Lane School Green Lane School	Sarah Delaney (Deputy Head teacher) Joanna Capewell (Assistant Headteacher/Head of Autism)

<u>What?</u>	<u>When?</u>	<u>Where?</u>	<u>By Who?</u>
challenges e.g. accessing the community, school nurse (GLS families only)			Nicola Simpson (Family Support & Safeguarding Manager) Michael Gaskell (Behaviour Lead)
SCERTS parent groups with children (GLS families only)	Termly in school for parents of children in the Elm/Maple pathway classes	Green Lane School	Dates - arranged and led by class teachers
Numeracy: Home maths support (GLS families only)	29/11/25, 1:15-2:45pm	Green Lane School	Mr Luke Bennett (SENCO/Maths Specialist)
NAS Earlybird Plus (x8 sessions)	22/1/26, 26/2/26, 26/3/26, 30/4/26, 21/5/26, 2/6/26, 25/6/26, 9/7/26 9:30-11:30am	Green Lane School	Joanna Capewell (Assistant Headteacher/Head of Autism) Michael Gaskell (Behaviour Lead)
NAS Teenlife (x6 sessions)	22/1/26, 26/2/26, 26/3/26, 30/4/26, 21/5/26, 2/6/26 12:30-2:30pm	Green Lane School	Joanna Capewell (Assistant Headteacher/Head of Autism) Michael Gaskell (Behaviour Lead)
PSHE/RSE information session and support (GLS families only)	16/10/25, 1:15-2:45pm	Green Lane School	Sarah VanRooy (PSHE/RSE Lead)
Outdoor Learning Experiences (GLS families only)	19/3/26, 1:15-2:45pm	Green Lane School	Hannah Williams (Science and Forest School Lead) Kerrie Lothrop (Forest School Leader)
Family Support and Wider services (GLS families only)	15/1/26, 9:30-11am	Green Lane School	Nicola Simpson (Family Support & Safeguarding Manager)

<u>What?</u>	<u>When?</u>	<u>Where?</u>	<u>By Who?</u>
			Lian White (Family Support & Safeguarding Officer)
			Carly Dumican (Family Support & Safeguarding Officer)



Behaviour & Emotional Regulation



Course outline: This course is designed to support parents and carers of children with SEND by providing practical strategies and insights to better understand and respond to their child's behaviour. The course will explore the roots and functions of behaviour, promote emotional literacy to help children identify and express their feelings, and introduce the use of visuals to enhance communication and understanding. Participants will learn about tailored SEND behaviour support approaches and the importance of consistent routines in creating a sense of safety and predictability. Through interactive discussions and practical tools, this course aims to empower parents and carers to build positive, supportive relationships with their children, fostering growth, resilience, and well-being.

Course Aims:

- To develop a deeper understanding of the underlying causes of behaviour in children with SEND and how to respond effectively and empathetically.
- To equip parents and carers with practical tools, including emotional literacy techniques and visual supports, to enhance communication and emotional regulation.
- To promote the use of consistent routines and personalised behaviour support strategies that foster stability, predictability, and positive outcomes for SEND children.

Audience: Parents/Carers

Course Leader: Michael Gaskell (Behaviour Lead)

Course Dates: 12/2/26,

Venue: Green Lane School

Time: 1:15-2:45pm

Cost: £25 (Free for GLS families)



Sensory Integration Supports: *Sleep, Routines, Fine & Gross motor support, Hygiene and Self-help skills*



Course Outline: This course offers parents and carers of children with SEND a comprehensive overview of Sensory Integration and how it impacts daily functioning. Delivered by experienced specialists, the course explores practical, evidence-based strategies to support sleep, establish effective routines, and develop fine and gross motor skills, hygiene habits, and self-help abilities. Participants will gain a deeper understanding of how sensory processing affects behaviour and learning, and will be equipped with tools and approaches to create supportive environments that meet their child's unique sensory needs. The course aims to build confidence and empower families with practical, everyday solutions to enhance their child's independence and well-being.

Course Aims:

- To develop parents' and carers' understanding of sensory integration and how sensory processing differences can impact a child's daily routines, behaviours, and development.
- To provide practical strategies and specialist guidance to support children with SEND in key areas such as sleep, routines, fine and gross motor skills, hygiene, and self-help tasks.
- To empower families with the knowledge and confidence to create supportive, sensory-aware home environments that promote their child's independence, comfort, and overall well-being.

Audience: Parents/Carers

Course Leader: Shine Therapy (Occupational Therapists), Joanna Capewell (Assistant Headteacher/Head of Autism) & Michael Gaskell (Behaviour Lead).

Course Dates: 31/3/26

Venue: Green Lane School

Time: 1:15-2:45pm

Cost: £25 (Free for GLS families)



Sensory Integration Supports: *Restrictive Diets*



Course Outline: This course, *Sensory Integration Supports: Restrictive Diets*, is designed specifically for parents and carers of children with SEND, and is delivered by experienced specialists in the field. The course offers a clear and supportive introduction to sensory integration, helping families understand how sensory processing differences can impact eating behaviours and lead to restrictive diets. Through practical strategies, real-life examples, and evidence-based approaches, participants will gain the tools to better support their child's sensory needs around food, reduce mealtime stress, and promote a more positive and flexible relationship with eating.

Course Aims:

- To develop a foundational understanding of sensory integration and how sensory processing differences can contribute to restrictive eating behaviours in children with SEND.
- To explore practical, evidence-based strategies and approaches that support children with sensory-related food aversions and promote more positive mealtime experiences.
- To empower parents and carers with the confidence and tools needed to reduce mealtime stress and support their child's sensory and nutritional needs in a supportive, realistic way.

Audience: Parents/Carers

Course Leader: Shine Therapy (Occupational Therapists), Joanna Capewell (Assistant Headteacher/Head of Autism) & Michael Gaskell (Behaviour Lead).

Course Dates: 20/1/26

Venue: Green Lane School

Time: 1:15-2:25pm

Cost: £25 (Free for GLS families)



Sensory Integration Supports: *Introduction to sensory integration / Occupational Therapy*



Course Outline: This introductory course on *Sensory Integration Supports*, delivered by experienced Occupational Therapy specialists, is designed for parents and carers of children with SEND. The course provides a clear understanding of sensory integration—how the brain processes and responds to sensory input—and its impact on behaviour, learning, and emotional regulation. Parents and carers will gain valuable insights into how sensory differences can affect everyday life, and learn practical, easy-to-implement strategies to support their child through a personalised "sensory lifestyle" approach. The course combines theory with real-life examples and hands-on techniques, empowering families to create supportive, sensory-friendly environments at home and in the community.

Course Aims:

- To develop an understanding of sensory integration and how sensory processing differences can impact a child's behaviour, learning, and emotional wellbeing.
- To introduce the role of Occupational Therapy in supporting children with sensory needs, including key principles and approaches used by professionals.
- To provide practical strategies and tools for creating a personalised sensory lifestyle at home, helping parents/carers support their child's regulation, comfort, and participation in daily activities.

Audience: Parents/Carers

Course Leader: Shine Therapy (Occupational Therapists), Joanna Capewell (Assistant Headteacher/Head of Autism) & Michael Gaskell (Behaviour Lead).

Course Dates: 4/11/25, 9:30-11:30am & 17/3/26, 3:45-5pm

Venue: Green Lane School

Time: 4/11/25, 9:30-11:30am & 17/3/26, 3:45-5pm

Cost: £25 (Free for GLS families)



Literacy: Phonics & Reading Support (GLS families only)



Course Outline: This course and information session is focused on supporting functional phonics and reading development at home and wider contexts. This session will provide practical guidance on how to nurture early reading skills, promote reading for pleasure, and support phonics and spelling development in a way that suits your child's individual needs. We will explore how children are taught and assessed in reading and phonics within school, so you can better understand their learning journey and progress. The session will also share functional strategies for embedding literacy into everyday life—such as using visual supports, routines, sensory-friendly approaches, and communication-friendly environments—to help you build your confidence in supporting your child at home. Whether your child is just beginning to explore letters and sounds, or working towards greater independence with reading and writing, this session is designed to be supportive, accessible, and tailored to the diverse needs of our families.

Course Aims:

- To equip parents and carers with practical strategies and functional tips for supporting early reading, phonics, spelling, and literacy development tailored to the diverse abilities of children with SEND, including those with autism.
- To increase understanding of how reading and phonics are taught and assessed in school, enabling parents and carers to effectively support and reinforce their child's learning journey at home.
- To promote reading for pleasure and embed literacy into everyday activities, creating a supportive, accessible home environment that fosters confidence and enthusiasm for English and communication skills.

Audience: Parents/Carers

Course Leader: Kerry-Jane White (Senior Leader/English Lead)

Course Dates: 26/11/25

Venue: Green Lane School

Time: 1:15-2:45pm

Cost: £0



Communication Supports (Visuals & Social Stories)



Course Outline: This course is designed to support parents and carers in understanding and enhancing their child's communication skills. It focuses on the development of effective communication, exploring strategies to encourage expressive and receptive language growth. The course highlights the use of communication supports, including visual aids and other tools, to facilitate clearer understanding and interaction, especially for children who benefit from additional support. Parents and carers will gain practical knowledge on how to implement these techniques at home, fostering a positive and supportive environment that promotes confident communication and overall developmental progress.

Course Aims:

- To help parents and carers understand key aspects of speech and language development and how it impacts their child's communication skills.
- To equip parents and carers with practical strategies and tools, including visual and communication supports, to enhance their child's ability to express and understand language.
- To empower parents and carers to create supportive environments that encourage confident communication and promote overall developmental growth.

Audience: Parents/Carers

Course Leader: SALT, Joanna Capewell (Assistant Headteacher/Head of Autism) & Michael Gaskell (Behaviour Lead).

Course Dates: 4/12/25 (TBC)

Venue: Green Lane School

Time: 1:15-2:45pm (TBC)

Cost: £25 (Free for GLS families)



SEND Parent/Carer Club (GLS families only)



Course Outline: The SEND Parents Club offers a welcoming, coffee morning-style space designed to foster connection and support among parents of children with SEND. This informal gathering encourages networking, sharing experiences, and building meaningful relationships between families, helping to create a strong, supportive community within the school. Key professionals, Senior Leaders, Therapists, School Nurse and support staff, will also be present to provide expert advice, answer questions, and address concerns in a relaxed and approachable environment. Together, this club aims to strengthen the partnership between parents and the school, ensuring that families feel heard, empowered, and better equipped to support their children's educational journey.

Course Aims:

- To create a welcoming and supportive environment where SEND parents can connect, share experiences, and build lasting relationships with each other.
- To facilitate open communication and strengthen partnerships between parents and the school through regular, informal interactions.
- To provide access to key professionals who can offer guidance, answer questions, and address concerns related to their children's special educational needs and wellbeing.

Audience: Parents/Carers

Course Leader: Sarah Irwin (Deputy Headteacher), Nicola Simpson (Safeguarding & Family Support Manager), Joanna Capewell (Assistant Headteacher) & Michael Gaskell (Behaviour Lead), Kelly Sheen (School Nurse).

Course Dates: 13/11/25, 9:30-11am & 14/5/26, 9:30-11am

Venue: Green Lane School

Time: 13/11/25, 9:30-11am & 14/5/26, 9:30-11am

Cost: £0



SCERTS Parent/Carer groups (GLS Families only)



Course Outline: Our SCERTS Parents/Carers Groups take place each term and are led by dedicated class teams. These sessions focus on supporting your child's SCERTS targets, with an emphasis on enhancing social communication and emotional regulation skills.

Designed to foster collaboration between home and school, the groups provide a safe and supportive environment where parents and carers can actively work alongside key school staff. Through hands-on guidance and tailored resources, you will be empowered to support your child's development effectively and confidently.

By participating in these groups, you gain valuable insights into your child's progress, learn practical strategies, and receive ongoing support to reinforce SCERTS development both at home and in school.

Course Aims:

- To equip parents and carers with practical strategies to support their child's SCERTS targets, focusing on social communication and emotional regulation development.
- To foster effective collaboration between parents/carers and school staff, creating a consistent and supportive approach to the child's learning and development.
- To provide a safe, supportive environment where parents and carers can build confidence and share experiences while actively engaging in their child's progress.

Audience: Parents/Carers

Course Leader: Class Teachers

Course Dates: Confirmed by class teachers each half term.

Venue: Green Lane School

Time: Confirmed by class teachers each half term.

Cost: £0



Numeracy: Home Maths Support (GLS families only)



Course Outline: This Numeracy: Home Maths Support session is designed to empower parents and carers of children with SEND by enhancing their understanding of their child's maths development. The session will provide practical strategies to support and nurture maths skills at home and in everyday life, helping to build confidence and engagement. Additionally, it will offer tailored advice on how to effectively assist with maths homework, ensuring parents and carers feel equipped to support their child's learning journey in a positive and meaningful way

Course Aims:

- To increase parents' and carers' understanding of the maths development process for children with SEND.
- To provide practical strategies for supporting maths learning at home and in everyday life situations.
- To equip parents and carers with effective methods to assist their child with maths homework confidently.

Audience: Parents/Carers

Course Leader: Luke Bennet (SENCO / Maths Specialist)

Course Dates: 29/11/25

Venue: Green Lane School

Time: 1:15-2:45pm

Cost: £0



NAS EarlyBird Plus



Course Aims/outline: Early Bird Plus programme is a national autistic society three-month (8 sessions) parent programme which aims to support families by developing parental understanding of why their child may behave differently so they can begin to think about how best to support their development. Sessions covered are sensory differences, communication, interaction, socialisation and self-awareness and behaviour.

Audience: Parents/Carers of autistic children ages 4-9. We can only have a maximum of 6 parents so book interest fast!

Course Leader: Joanna Capewell and Michael Gaskell (Licenced NAS trainers)

Venue: Green Lane School

Dates: 22/1/26, 26/2/26, 26/3/26, 30/4/26, 21/5/26, 2/6/26, 25/6/26, 9/7/26

Time: 9.30-11.30am

Cost: £35 to Green Lane families. £55 to external families.



NAS TeenLife

Course Aims/outline: The teen life programme is a six-session programme for parents/carers of young people (10-16 years) on the autism spectrum. The teen life programme aims to empower parents and supporting professionals to understand more about how autism is experienced by autistic teenagers. It will discuss useful strategies and share ideas of how to support the autistic person through their teenage years. The sessions covered will be hidden presentation, self-esteem, stress and anxiety, puberty and understanding the diagnosis.

Audience: Parents of children aged 10-16. Two family members are allowed to attend, we can only take a maximum of 8 families so book fast!

Course Leaders: Joanna Capewell and Michael Gaskell (Licenced NAS trainers)

Venue: Green Lane School

Dates: 22/1/26, 26/2/26, 26/3/26, 30/4/26, 21/5/26, 2/6/26

Time: 12.30-2.30pm

Cost: £35 for Green Lane families. External families £55 (all includes workbook).



PSHE/RSE Information Session & Support (GLS families only)



Course outline: This information session for parents and carers of children with SEND provides an overview of the Personal, Social, Health and Economic (PSHE) education and Relationship and Sex Education (RSE) curriculum tailored specifically to support their child's learning and development. The session will outline the key topics covered at different age stages—from early years through to adolescence—including understanding emotions, friendships, personal safety, body awareness, consent, and healthy relationships. Emphasis will be placed on how teaching approaches, resources, and learning activities are carefully differentiated and adapted to meet a wide range of abilities and communication needs, ensuring accessibility and engagement for every child. This includes using visual aids, social stories, role-play, and sensory resources, alongside flexible pacing and clear, consistent expectations, to create a supportive environment where children can build confidence, knowledge, and skills relevant to their individual needs and experiences.

Course Aims:

1. To equip parents and carers with a clear understanding of the PSHE and RSE curriculum content their child will engage with at various developmental stages, ensuring awareness of key topics and learning goals.
2. To explain how teaching methods, resources, and expectations are thoughtfully adapted and differentiated to support the diverse needs and abilities of children with SEND, promoting inclusive and accessible learning.
3. To empower parents and carers with strategies and insights to reinforce and support their child's personal, social, and relationship skills confidently at home in alignment with the school's tailored PSHE/RSE approach.

Audience: Parents/Carers

Course Leader: Sarah VanRooy (PSHE/RSE lead)

Course Dates: 16/10/25

Venue: Green Lane School

Time: 1:15-2:45pm

Cost: £0



Outdoor Learning Experiences (GLS Families only)



Course outline: This course is designed specifically for parents and carers of children SEND, focusing on the benefits and opportunities of Outdoor Learning Experiences. It will provide practical guidance and easy-to-follow ideas on how to support and engage your child through learning in outdoor environments. You'll learn how to make the most of outdoor spaces and natural resources to enhance your child's development, creativity, and well-being, empowering you to confidently create meaningful, hands-on learning experiences outside the classroom.

Course Aims:

- To help parents and carers understand the benefits of outdoor learning for children with SEND.
- To provide practical tips and strategies for engaging and supporting children in outdoor educational activities.
- To equip parents and carers with ideas for using outdoor spaces and natural resources to enhance their child's learning and development.

Audience: Parents/Carers

Course Leader: Hannah Williams (Science Lead, Teacher and Forest School Leader) & Kerrie Lothrop (Teaching Assistant and Forest School Leader).

Course Dates: 16/10/25

Venue: Green Lane School

Time: 1:15-2:45pm

Cost: £0



Family Support & Wider Services (GLS families only)



Course Outline: This information session is designed for parents and carers of children with SEND, offering a clear overview of how the Family Support Team can assist families. The session will explain the wide range of support available, including help with emotional wellbeing, practical challenges at home, and signposting to relevant services. Attendees will learn about key referral pathways, including the Early Help process, and how it can provide tailored, non-judgemental support to address emerging needs. The session will also cover how to access additional support through Social Care and the Multi-Agency Safeguarding Hub (MASH), explaining when and how these services become involved, and what families can expect throughout the process.

Course Aims:

- To provide parents and carers with a clear understanding of the role of the Family Support Team and how they can assist families of children with SEND.
- To inform attendees about the range of local services available, including the Early Help process, and how to access appropriate support when needs arise.
- To increase awareness of Social Care and MASH involvement, including when and how referrals are made and what families can expect during these processes.

Audience: Parents/Carers

Course Leader: Nicola Simpson (Safeguarding & Family Support Manager), Lian White (Safeguarding & Family Support Officer) & Carly Dumican (Safeguarding & Family Support Officer).

Course Dates: 15/1/26

Venue: Green Lane School

Time: 9:30-11am

Cost: £0 (Free for GLS families)

If you are interested in any of the above courses or have any further questions, please contact the school directly via email office@greenlaneschool.co.uk or on the main school number 01925 811617.