

Autism Training & Support

to be delivered across South Cheshire and Vale Royal.

ChAPS has been commissioned to offer parent training programmes through virtual webinars and face-to-face training. *This is essential learning that will massively benefit parents and carers to understand their child and give them tools to help manage behaviours.*

The 6 week programme will include a range of topics such as:

- Autism and diagnosis
- Communication
- Senses and Sensory issues
- Sleep
- Understanding and positively managing behaviour
- Anxiety
- Listening, understanding and interacting effectively
- Puberty and Sex Education
- Girls on the Spectrum
- Comic Strips and Social Stories

Topics will be tailored to the needs of the group

Your health, education or social care professional has given you this flyer to book onto this training. Self referrals are also accepted.
Please use the code CCGPT to complete the form on our website.

www.cheshireautism.org.uk

Inspiring families to achieve more