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|   |   | Autumn 1  | Autumn 2  | Spring 1  | Spring 2  | Summer 1  | Summer 2  |
| **Key Stage 3**  |
| **Class 7W**  |  Year 1  | SCERTs  | SCERTs  | SCERTs  |
|   | Year 2  | SCERTs  | SCERTs  | SCERTs  |
|   | Year 3  | SCERTs  | SCERTs  | SCERTs  |
| **P3,P2, P1**  |  Year 1  | Personal hygiene- looking at germs , how they spread and how to stop them. - dental health- keeping clean.  | Relationships and friendships:-My relationships-Positive relationships and friendships | Changing adolescent body* Puberty
* Emotional and physical changes.
 |  Relationships with others -Different types of relationships-New relationships and feelings-Intimate relationships- feelings and emotions | Personal finance -What money is -Managing money -Spending money -Saving for the future  | Enterprise -Local businesses - Mini enterprise project |
|   | Year 2  | Families* Different types of families
* Feeling safe
* Personal identity.
 | Health -Keeping fit -Sport in the community - Links between physical and mental health including sleep | Relationships with others* Being successful in a relationship
* Behaviour in a relationship
 | Being safe in relationships: -Making the right choices in a relationship inc. friendships- Being ready and peer pressure-Consent and saying no- Consequences inc. sexual health. | British values- Religion and culture around us -Different languages -Traditions and cultures. -Respecting different cultures.  | Environment-Natural disasters-Issues in the community-Conservation-Local help e.g. recycling |
|   | Year 3  | Emotions-talking about emotions- when help is needed-how to be happy and ways to cope. | Keeping safe:-Road Safety -Safety when travelling- First Aid | Relationships with others- Unhealthy relationships-Consent- Safe and healthy relationships- Laws that protect us | Mental health-Bullying- what it is-How to find support for bullying | Health:- Healthy, balanced lifestyle | Identity -Looking ahead -Options for the future-Skills needed in the future |
| **P4, P5** | Year 1   | Personal hygiene- looking at germs , how they spread and how to stop them. - dental health- keeping clean.  | Relationships and friendships:-My relationships-Positive relationships and friendships | Changing adolescent body* Puberty
* Emotional and physical changes.
 | Community Spirit- leisure time- Part of a community-People who help us | Emotions- My feelings- What makes me feel this way- How to respond to my feelings.  | Enterprise -Local businesses - Mini enterprise project |
|   | Year 2   | Families* My family
* Different types of families
* Feeling safe
* Personal identity.
 | Health -Keeping fit and exercise-Sport in the community - Links between physical and mental health including sleep | Relationships with others* Being successful in a relationship and friendship
* Behaviour in a relationship and friendship
* When to say no
 | Life skills - Jobs around the house- Developing independence | British values- Religion and culture around us -Different languages -Traditions and cultures. -Respecting different cultures.  | Environment-Endangered species- People who help |
|   | Year 3  | Emotions-talking about emotions- when help is needed-how to be happy and ways to cope. | Keeping safe:-Road Safety -Safety when travelling- how to travel- How to stay physically safe | Health:-Healthy foods and healthy life | Mental health-Bullying- what it is-How to find support for bullying | Personal finance -What money is and how to use is-Wants and needs-Shopping- decision and budgeting | Identity- Looking to the future- Skills and qualities- Jobs in the future |

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| **Key Stage 4**  |
| **Q1,Q2**, Q3 | Year 1  | Healthy Living  | Healthy Living  | Preparation for work  | Preparation for work  | Managing own money  | Managing own money  |
|   | Year 2  | Managing social relationships  | Managing social relationships  | Personal safety in the home and community  | Personal safety in the home and community  | Environmental awareness  | Environmental awareness  |
| **Q4** | Year 1  | -Personal qualities and skills - Skills for learning | - Mental wellbeing- feeling calm and relaxed | -Emotions  - Managing Feelings including feeling unwell and what to do.  | -Appropriate Behaviours - Public and private | -Money management -Spending money  | -Life skills at home and in the community -Preparing for adulthood |
|   | Year 2  | -Personal care -Physical health | -healthy lifestyles -Participating in sport  | -Friendships- positive friendships- kindness and unkindness | -Appropriate Relationships- healthy and unhealthy relationships - Romantic feelings-Consent  | -Respecting difference -Prejudice and discrimination | -Caring for the environment  |

 Q1, Q2, Q3 will also be completing a short course in Relationships and Sex Education which will cover Families, respectful relationships and intimate and sexual relationships including sexual health.

Q1, Q2, Q3, Q4 meet the statutory and non-statutory elements of PSHE through ASDAN and PSD courses.

7W work through PSHE targets through SCERTs curriculum.