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|  |  | Autumn 1 | | Autumn 2 | | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| **Key Stage 1** | | | | | | | | | |
| **Ladybird** | Year 1 | Traditional Tales | | | Colours | Bears | The Farm | At the zoo | People who help us |
| Year 2 | All about me | | | Space | Nursery Rhymes | In the garden | Dinosaurs | The seaside |
| **Bumblebee**  **Caterpillar** | Year 1 | Fantasy stories | | | Weather and seasons | Animals and habitats | Growing food | Minibeasts | When I grow up |
| Year 2 | Marvellous me | | | The solar System | Poetry | Plants and flowers | Pre-historic world | Under the sea |
| **Key Stage 2** | | | | | | | | | |
| **Bluebell** | Year 1 | Special people and important friendships. | Caring for animals | | | Looking after our school environment | Taking turns and sharing. | Making good choices- knowing right and wrong. | Keeping safe- Who can help us |
|  | Year 2 | My feelings | Different communities that I belong to. | | | First aid- special people in our community. | Simple healthy exercise | Being Unique and different | Keeping clean |
| **Sunflower** | Year 1 | What makes me special? | Emergency Services and what to do | | | Characteristics of friendships. | Staying safe- saying no | Spreading germs and how to stop. | Looking after the local environment – what can we do? |
|  | Year 2 | Who is in my family and my role in my family | All the emotions and communicating feelings. | | | Being kind and respecting others. | Working together | Staying healthy- diet, teeth and exercise. | Change and how to cope |
| **Poppy** | Year 1 | Feeling safe including online. | What is bullying? | | | Making choices to stay healthy. | Staying safe- saying no to strangers | Different types of families. | Talking about emotions |
|  | Year 2 | Working with friends. | Safety on the roads | | | Manners- being polite. | Personal hygiene and growing and changing. | Where to go for help and first aid in school. | Strengths and achievements |
| **Daisy (ASD)** |  | The world we live in | | | | Changing and growing | | Self-care | |
| **Daffodil** | Year 1 | Feeling safe in a family- what makes me happy. | Road Safety. | | | Positive friendships and being happy. | Managing emotions and who to talk to. | Personal hygiene- keeping clean. | Environment  -Junk and rubbish  -Recycling |
|  | Year 2 | Bullying and staying happy. | My body- Personal boundaries and saying no. | | | Balanced lifestyle and consequences | Physical and emotional changes of growing up. | Respecting different Cultures | Identity  -Looking to the future. |

Upper school

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|  |  | Autumn 1 | | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | | Summer 2 |
| **Key Stage 3** | | | | | | | | | |
| **Dormouse linked to SCERTs** | Year 1 | The world we live in | | | Changing and growing | | Self-care | | |
| **Rabbit**  **Badger**  **Fox** | Year 1 | Personal hygiene  - looking at germs , how they spread and how to stop them.  - dental health  - keeping clean. | Relationships and friendships:  -My relationships  -Positive relationships and friendships | | Changing adolescent body   * Puberty * Emotional and physical changes. | Relationships with others  -Different types of relationships  -New relationships and feelings  -Intimate relationships- feelings and emotions | Personal finance  -What money is  -Managing money  -Spending money  -Saving for the future | Enterprise  -Local businesses  - Mini enterprise project | |
|  | Year 2 | Families   * Different types of families * Feeling safe * Personal identity. | Health  -Keeping fit  -Sport in the community  - Links between physical and mental health including sleep | | Relationships with others   * Being successful in a relationship * Behaviour in a relationship | Being safe in relationships:  -Making the right choices in a relationship inc. friendships  - Being ready and peer pressure  -Consent and saying no  - Consequences inc. sexual health. | British values- Religion and culture around us  -Different languages  -Traditions and cultures.  -Respecting different cultures. | Environment  -Natural disasters  -Issues in the community  -Conservation  -Local help e.g. recycling | |
|  | Year 3 | Emotions  -talking about emotions  - when help is needed  -how to be happy and ways to cope. | Keeping safe:  -Road Safety  -Safety when travelling  - First Aid | | Relationships with others  - Unhealthy relationships  -Consent  - Safe and healthy relationships  - Laws that protect us | Mental health  -Bullying- what it is  -How to find support for bullying | Health:  - Healthy, balanced lifestyle | Identity  -Looking ahead  -Options for the future  -Skills needed in the future | |
| **Otter /Deer** | Year 1 | Personal hygiene  - looking at germs , how they spread and how to stop them.  - dental health  - keeping clean. | Relationships and friendships:  -My relationships  -Positive relationships and friendships | | Changing adolescent body   * Puberty * Emotional and physical changes. | Community Spirit  - leisure time  - Part of a community  -People who help us | Emotions  - My feelings  - What makes me feel this way  - How to respond to my feelings. | Enterprise  -Local businesses  - Mini enterprise project | |
|  | Year 2 | Families   * My family * Different types of families * Feeling safe * Personal identity. | Health  -Keeping fit and exercise  -Sport in the community  - Links between physical and mental health including sleep | | Relationships with others   * Being successful in a relationship and friendship * Behaviour in a relationship and friendship * When to say no | Life skills  - Jobs around the house  - Developing independence | British values- Religion and culture around us  -Different languages  -Traditions and cultures.  -Respecting different cultures. | Environment  -Endangered species  - People who help | |
|  | Year 3 | Emotions  -talking about emotions  - when help is needed  -how to be happy and ways to cope. | Keeping safe:  -Road Safety  -Safety when travelling- how to travel  - How to stay physically safe | | Health:  -Healthy foods and healthy life | Mental health  -Bullying- what it is  -How to find support for bullying | Personal finance  -What money is and how to use is  -Wants and needs  -Shopping  - decision and budgeting | Identity  - Looking to the future  - Skills and qualities  - Jobs in the future | |
| **Hedgehog /Squirrel** | Year 1 | **Emotions**  -talking about emotions  - when help is needed  -how to be happy and ways to cope. | **Keeping safe:**  -Road Safety  -Safety when travelling  - First Aid | | **Relationships with others**  - Unhealthy relationships  -Consent  - Safe and healthy relationships  - Laws that protect us | **Mental health**  -Bullying- what it is  -How to find support for bullying | **Health:**  - Healthy, balanced lifestyle | **Identity**  -Looking ahead  -Options for the future  -Skills needed in the future | |
|  | Year 2 | **Prejudice and discrimination**   * Stereotypes * Being kind * Accepting others | **Personal hygiene**  -germs  -Keeping clean | | **Friendships**   * Positive friendships * Being a good friend * Negative friendships * Arguments | **Changing adolescent body and public and private**   * Puberty * Physical changes * Mental changes * Public and private | **Mental wellbeing Physical activity**   * Mental health * Ways to promote positive mental wellbeing * Effects of physical activity | **Emotions**   * Recognising feelings * Dealing with feelings | |
|  | Year 3 | **Things we are good at**  -skills we have  - skills we want to work on  -skills for the future | **Respecting differences between people**   * Being kind * Identifying differences and similarities | | **Relationships with others**   * Boyfriends and girlfriends * Positive relationships * Negative relationships * Asking for support * Families and relationships | **Life skills**   * Skills for the future * Helping at home | **Looking after the environment**   * Environmental damage * How to support the world * Recycling * Endangered animals | **Healthy living**   * Healthy eating | |

Woodpecker, Hawk and Robin will also be completing a short course in Relationships and Sex Education which will cover Families, respectful relationships and intimate and sexual relationships including sexual health.

Woodpecker, Hawk, Robin and Owl meet the statutory and non-statutory elements of PSHE through ASDAN and PSD.

Daisy, Rose and Dormouse work through PSHE targets through SCERTs curriculum. Daisy and Dormouse access a half day each term focusing on a statutory element of PSHE. These follow an overarching topic title but focus on areas of need based on developmental levels of the pupils in the current class.